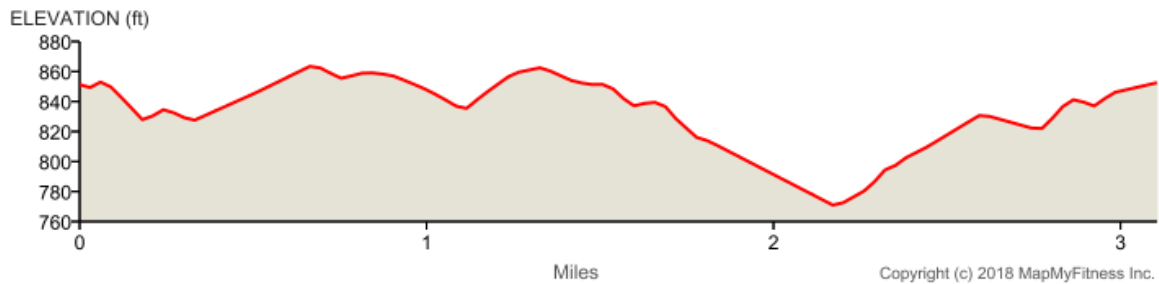
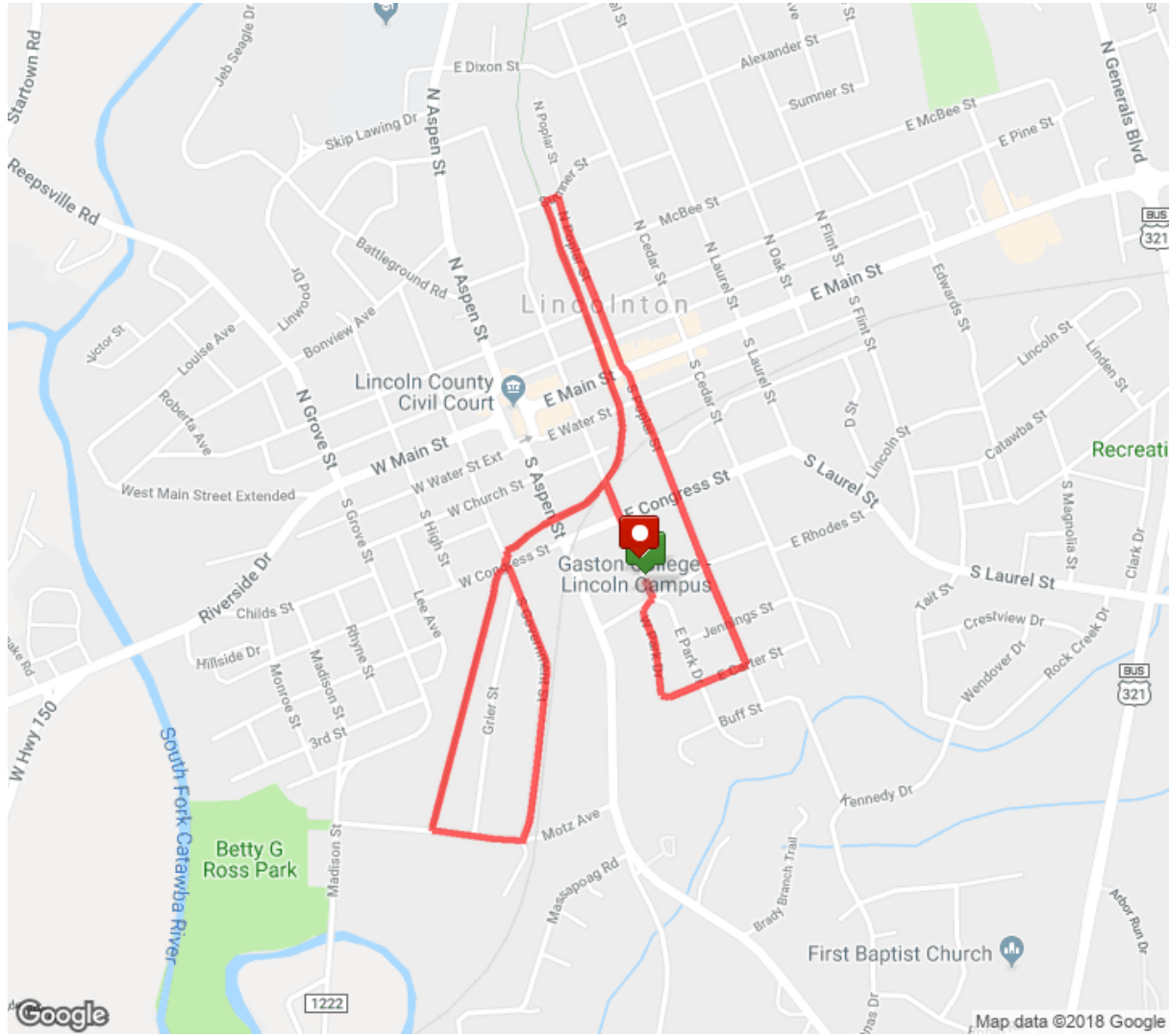


Frosty 5k 2018

Distance: 3.11 mi
 Elevation Gain: 123 ft
 Elevation Max: 863 ft

Notes



- 0.00 mi** Head south on S Academy St toward E Rhodes St

- 0.03 mi** Turn right onto E Rhodes St

- 0.04 mi** Slight left onto W Park Dr

- 0.08 mi** Head southeast on W Park Dr toward E Carter St

0.19 mi	Head east on E Carter St toward E Park Dr
0.32 mi	Head north on S Poplar St toward Jennings St
0.51 mi	Head north on S Poplar St toward E Congress St
0.75 mi	Head north on S Poplar St toward E Water St
0.91 mi	Head north on N Poplar St toward McBee St
1.08 mi	Head west on E Sumner St toward Marcia H. Cloninger Rail-Trail
1.10 mi	Head west on E Sumner St toward Marcia H. Cloninger Rail-Trail
1.10 mi	Turn left onto Marcia H. Cloninger Rail-Trail
1.43 mi	Head south on Marcia H. Cloninger Rail-Trail toward S Academy St
1.61 mi	Head southwest on Marcia H. Cloninger Rail-Trail
1.73 mi	Turn left to stay on Marcia H. Cloninger Rail-Trail
1.75 mi	Keep right to stay on Marcia H. Cloninger Rail-Trail
1.76 mi	Slight right to stay on Marcia H. Cloninger Rail-Trail
1.81 mi	Head south on Marcia H. Cloninger Rail-Trail toward Motz Ave
2.17 mi	Head south on Marcia H. Cloninger Rail-Trail toward Motz Ave
2.18 mi	Turn left onto Motz Ave
2.32 mi	Head west on Motz Ave toward S Government St
2.33 mi	Turn right onto S Government St
2.75 mi	Turn left onto W Congress St
2.76 mi	Head west on W Congress St toward Marcia H. Cloninger Rail-Trail
2.76 mi	Turn right onto Marcia H. Cloninger Rail-Trail
2.77 mi	Slight right to stay on Marcia H. Cloninger Rail-Trail
2.78 mi	Turn right to stay on Marcia H. Cloninger Rail-Trail
2.97 mi	Head northeast on Marcia H. Cloninger Rail-Trail toward S Academy St
2.97 mi	Turn right onto S Academy St Destination will be on the left
3.10 mi	Destination